

SLOW DANCE

(Take time to read this – it is precious. With love from LUCY x)

Have you ever watched kids on a merry-go-round?

Or listened to the rain slapping on the ground?

Ever followed a butterfly's erratic flight?

Or gazed at the sun into the fading night?

You'd better slow down

Don't dance so fast

Time is short

The music won't last

Do you run through each day on the fly?

When you ask "How are you?" do you hear the reply?

When the day is done do you lie in your bed

With the next hundred chores running through your head?

You'd better slow down

Don't dance so fast

Time is short

The music won't last

Ever told your child "We'll do it tomorrow?"

And in your haste not see his sorrow?

Ever lost touch, let a good friendship die

'Cause you never had time to call and say "Hi"

You'd better slow down

Don't dance so fast

Time is short

The music won't last

When you run so fast to get somewhere

You miss half the fun of getting there

When you worry and hurry through your day

It is like an unopened gift thrown away

Life isn't a race

Do take it slower

Hear the music

Before the song is over

Slow Dance is said to have been written by a teenager suffering from terminal cancer; unsolicited, it was circulated recently on an e-mail among Clergy in the Diocese of Southwark (copied to me by a Client) which goes on to invite donations to a specialist Cancer Research Center in the State of New York; the source of Slow Dance may well be absolutely true but the source seeking the donations was (after enquiries) reliably believed to be just another hoax appeal. *MFT*

PARISH NEWS

May 19th 2007

SEDLSCOMBE with WHATLINGTON

Vol.41

No. 20

Sunday after Ascension

20p

TODAY (Saturday 19th)

Roselands Residents' Association will be holding a Table sale from 12 noon (please note that setting up starts 10.00am); Tables @ £5 each (though the numbers will be limited) and entrance is 40p; Teas and Cake Stall and a Tombola - we look forward to seeing you with us; for further information please 'phone 871160.

SEDLSCOMBE GREEN W.I. our next meeting takes place on Wednesday 23rd May at 7.30pm in the Village Hall. This is the Resolution & Discussion Meeting followed by a 'Keep Fit Taster' - come and join in the fun. The competitions are 'Flower of the Month' and/or A Posy. We are always please to welcome visitors. Contact telephone number is 870808.
Rosemary

SEDLSCOMBE FAYRE - June 2nd we can confirm last week's brief news line that actress **Barbara Flynn**, star of the film "Miss Potter" will be coming to the village to perform the Fayre Opening Ceremony. Sadly, there will be no procession from the Village Green due to lack of support but at about 1.45pm there will be an entrance parade from the car park area into the arena led by a Band from the **1066 Pipes & Drums** with the **Flower Princess** chosen from Sedlescombe School being regally transported in a vintage Alvis. The Chair of the Parish Council will then follow with the local Royal British Legion and Chapel Hill Church members, all of whom had stepped forward originally for the full procession - anyone else who would like to join in for a full turn around the field will be very welcome. The Friends of Sedlescombe Church are appealing for more help in 'manning' (and one assumes 'womanning') their "Handbags and Gladrags" Stall selling new and nearly new handbags and accessories. Please contact Judy (870344) if you are able to help.

The Readings:	
Acts:	16: 16 – 34
Psalm	97
Revelation	22: 12 – 14, 16 – 17, 20 - 21
St John	17 20 - 26
Services and Meetings this week	
St John the Baptist, Sedlescombe Sunday after Ascension [20] 10.00 am Parish Communion with Junior and Youth Church <i>Revd Canon John Fletcher</i> Tuesday [22] 6.30 pm Rootz 'n' Shootz at Chapel Hill Church Pentecost [27] 10.00am Parish Communion and Junior & Youth Church	St Mary Magdalene, Whatlington Sunday after Ascension [20] 8.30am Parish Communion Pentecost [27] 8.30am Parish Communion
Chapel Hill Church – United Reformed Sunday 20th 10.30am Morning Worship led by Pat Reigh Tuesday 22nd 2.30pm Home Group at 15 Gorselands Wednesday 23rd Coffee Morning 10.30 – 12noon in the Meeting Room Sunday 27th 10.30am Pentecost Morning Worship led by Gwen Epps	

SEDLSCOMBE SCHOOL

Don't forget that our **School Sports Day** takes place next Friday 25th May on the village Sports Field. There are 2 sessions the first starting at 9.45 will be for 7 – 11 year olds and ends at 12 noon. The second session is for our 4 – 7 year olds and will be from 1.30pm until 3.00pm. You are all welcome to attend but bring your own chairs/blankets to sit on!

CHAPEL HILL CHURCH

- reminds us that this is **Christian Aid Week** and that there is still time to make a donation. Please give generously to this worthy Charity - the collecting tin is still in the Village Shop.

SEDLSCOMBE FRIENDSHIP CLUB

A group of local people have joined together to form the Friendship Club. The aim of the Club is to advance the welfare of the community, older people in particular. The ideas we will introduce will be published in the Parish News and it is hoped in a small way to make a difference to our village.

Unfortunately, no contact name or telephone number was given with the copy for the PN - Ed.

GRAND SPRING QUIZ the Quiz raised a total of £48 and the winner was Ann Hone with 41 correct answers out of 42! Her prize was a Cream Tea for 2 at the Bistro. Just a single point behind was Rosemary Addy and she won a

bottle of wine. Congratulations to both Ann and Rosemary who are avid supporters of the quizzes. Thank you to everyone who took part. The correct answers are displayed on the Notice Board outside the Post Office.

Reg & Pauline

PARISH NEWS - at the risk of repetition each week's edition has been prepared by 2 teams of volunteers for nearly 6 months since Editor Sylvia Cook was taken ill after the death of her husband John. Part of the volunteer team also includes John and Jenny at the Post Office to whom we say 'thank you' for use of the copier and staff time to do the copying.

So far we have managed to get an edition out every week but with the holiday season approaching, there is no certainty of us keeping that up. The possibility of a week (or weeks) without a *Parish News* is real. Does the community really want to see this vital source of news and information (which keeps people in touch with events and each other) just progress into the annals of times past?

If any reader would like to consider taking on the Editorship, we can give you the full run down of what is involved. Please contact Malcolm Tegg on 870345 (calls after 5pm please).

Next week's *PN* will be produced by Roy Smith.