

## CONTEMPLATION BEFORE SLEEP

Men and women can have knowledge but not wisdom. Knowledge is easy, you just need a little mind effort, a little exertion. You can go on feeding your memory system. It is a computer; you can accumulate whole libraries. But wisdom is not something that you can accumulate because it does not happen through the mind at all. It happens through the heart, it happens through love, not through logic.

When the heart is open with love, with trust, when the heart is surrendered to the whole, then a new kind of insight arises in you, a clarity, a tremendously deep understanding of what life is all about, of who you are, of why this whole existence exists in the first place. All the secrets are revealed, but through love not through logic, through the heart not through the head at all. So if one wants to approach God the way goes through the heart.

Once you have known wisdom through the heart then you can use your mind also as a good servant, then you can even use the knowledge accumulated by the mind in the service of wisdom – but not before you have known through the heart.

Move your energy to the heart, be more loving and you are in for a great surprise. As your love grows, as your love petals open and your heart becomes like a spread flower, something tremendously beautiful starts descending on you – that is wisdom. And wisdom brings freedom. Knowledge brings information, wisdom brings transformation.

Osho International. 1991

PARISH NEWS

October 6<sup>th</sup>, 2007

SEDLSCOMBE with WHATLINGTON

Vol.41

No. 40

Trinity 18

20p

### SEDLSCOMBE PARISH COUNCIL.

#### CASUAL VACANCY ON SEDLSCOMBE PARISH COUNCIL

Because of his moving outside of the parish, Robert Dudman has had to resign from the Council, creating a casual vacancy. Unless ten electors for Sedlescombe have requested an election by 22/10/07, the Council will fill the vacancy by co-option as soon as practicable. Further details are available on the notice board on the shop wall and on the website [www.sedlescombe.org.uk](http://www.sedlescombe.org.uk).

#### PARISH COUNCIL QUESTIONNAIRE

By now each house in the Parish of Sedlescombe should have received a short questionnaire regarding the Sedlescombe Parish plan. A box has been placed in the village shop for return of completed questionnaires and everybody is reminded that the closing date is

Monday, 15<sup>th</sup> October. This is your opportunity to make a difference in the future. Please help us beat last year's 10% reply score.

### HARVEST SUPPER (SEDLSCOMBE CHURCH)

7.00pm this Saturday (6<sup>th</sup>). There will be an audio-visual digital show for 30 minutes by Anthony Sherwin followed by a traditional supper of cider or fruit juices, cold meats and salad with various sweets including apple pies and cream. There is no charge but a retiring collection at the church door for church funds will be made

### HARVEST FESTIVAL (7<sup>th</sup>) (SEDLSCOMBE CHURCH)

Gifts of fruit, vegetables and flowers will be gratefully received on Friday, October 5<sup>th</sup> at the Church or phone 870688 if you would like the items collected.

<b>The Readings:</b>	Habakkuk	1 1-4 & 2: 1-4
	<i>Psalm</i>	37 v 1 - 9
	2. Timothy	1: 1-14
	St Luke	17: 5-10

**Services and Meetings this week**

<p><b>St John the Baptist, Sedlescombe.</b></p> <p><b>Trinity 18</b></p> <p>Harvest Supper &amp; Film Show. 7.00pm in the Church (6)</p> <p>10.00 am. Parish Communion. Junior and Youth Church. (7)</p> <p>6.00pm. Harvest Evensong (7)</p> <p>6.15 – 7.30pm. Rootz 'n' Shootz at Chapel Hill Chapel. (9)</p> <p><b>Trinity 19</b> [14]</p> <p>10.00am Parish Communion Junior and Youth Church</p>	<p><b>St Mary Magdalene, Whatlington</b></p> <p>8.30am. Parish Communion. (7)</p> <p>6.00pm. Harvest Festival Evensong followed by a Harvest Festival supper in the village Hall.</p> <p><b>Next Sunday</b> [14]</p> <p>8.30am Parish Communion</p>
--	---

**Chapel Hill Church – United Reformed**

**Sunday 7<sup>th</sup>** 10.30am Morning Worship led by the Rev. Ray Cole.

**Tuesday 9<sup>th</sup>** No Home Group meetings during October.  
6.15pm. Rootz 'n' Shootz.

**Sunday 14<sup>th</sup>** 10.30am Morning Worship led by Mr Melvin Nolan.

**HAND MADE IN SUSSEX**  
Wealden craftworkers present  
“Hand Made in Sussex.”  
Sunday, 21<sup>st</sup> October at the  
Village Hall.

Come and see our sale and  
demonstration of genuine crafts  
made by people living and  
working in the county. Home  
made refreshments are also  
available throughout the day.  
Admission free. 10.00am to  
4.00pm.

**ANTIQUE FAIR**  
Village Hall 9.30am to 3.30pm  
on the 14<sup>th</sup> October .

**BONUS BALL**  
Subscriptions of £4.00 are now  
due for the month of October.  
Please see Rosemary Farley.

**1066 WALK FOR LIFE**  
Jill, Sarah and Jill’s husband  
Steve, completed their walk last  
Sunday in three and a half  
hours, and have their medals to  
prove it!  
Sponsor money will now be  
gratefully received at the  
surgery. Thank you for your  
support and generosity.

**FRIENDS OF THE  
SEDLSCOMBE CHURCH  
HERITAGE TRUST,  
JUMBLE SALE**  
This annual event will take  
place on Saturday, 27<sup>th</sup> October

at the village hall. Please collect  
your jumble ready for the day  
which we will be pleased to  
accept on the morning of the  
sale but not prior as there are no  
storage facilities available. If  
you are unable to deliver, we  
have a limited collection service  
available by calling 870722.  
Thank you.

**“MACMILLANS’ WORLD’S  
BIGGEST COFFEE  
MORNING**

Thanks to everyone that  
supported this even last Friday  
which raised £250.00 for this  
worthy cause. Tea & coffee was  
expertly supplied by  
Sedlescombe Green WI.

**SEDLSCOMBE  
SOCIETIES ASSOCIATION**  
will be holding its AGM at the  
village hall committee room 2  
on Tuesday, October 9<sup>th</sup>.  
Everybody is welcome.  
Interested groups are invited to  
make an application for funds  
by writing to the secretary, Judy  
Torrance, Asselton House, The  
Green, Sedlescombe. **Please  
note that there is no cut-off  
date for requests** however, it  
would be helpful if all  
applications could be received  
by this weekend in order to be  
considered at the AGM.